



## GCSE Home Economics: Food and Nutrition

Year 12 Revision Check List 2023		
<p><b>Component 1: Food and Nutrition External written 50%</b></p> <p>The written paper includes multiple-choice, short and structured questions, and questions requiring extended writing.</p> <p>See page 6 to view the breakdown of the course, including controlled assessment:  <a href="#">GCSE CCEA Food and Nutrition specification</a></p>	<p><b>Examination 2 hours</b></p> <p><b>Friday 02 June 1:30-3:30</b></p> <p><b>120 marks</b></p>	<p>Please note:  <i>Advance information from CCEA will be provided for the examination of this component for candidates entered in Summer 2023 (at the end of February).</i></p>
<p><b>Topics to revise</b></p> <ol style="list-style-type: none"> <li>1. Food provenance.</li> <li>2. Food processing and production.</li> <li>3. Food and nutrition for good health.</li> <li>4. Energy and nutrients.</li> <li>5. Macronutrients.</li> <li>6. Micronutrients.</li> <li>7. Fibre.</li> <li>8. Water.</li> <li>9. Nutritional and dietary needs.</li> <li>10. Priority health issues.</li> <li>11. Being an effective consumer when shopping for food.</li> <li>12. Factors affecting food choice.</li> <li>13. Food safety.</li> <li>14. Resource management.</li> </ol>	<p>See page 7-14 for a more detailed outline of each topic:  <a href="#">GCSE CCEA Food and Nutrition specification</a></p>	
	<p><b>Revision materials:</b></p> <p>Class notes, exemplar answers, mind maps.</p> <p><a href="#">My Revision Notes: CCEA GCSE Home ... - Hodder Education</a> (Students have a hard copy).</p> <p><a href="#">CCEA GCSE Home Economics Food and Nutrition Resources</a> (Hard copy available in class).</p> <p><a href="#">Fact Files</a></p> <p><a href="#">Exemplification of exam performance</a></p> <p><a href="#">Past papers and mark schemes</a></p> <p><a href="#">BBC Bitesize</a></p>	